

## Another Success Story from Kentmere Rehabilitation

### Carolyn Angeline

Mrs. Angeline had a history of worsening back pain for 2 weeks which caused her to go to the hospital. She didn't have any falls or trauma that she could attribute for this new pain. Like so many others, Ms Angeline has osteoporosis (OP) and a CT scan revealed she had a spinal fracture, which was most likely caused by her OP.

She came to Kentmere Rehab on 6/3/20 to address her pain and her mobility issues related to this new fracture. She was someone who did not need an assistive device to ambulate and was independent getting around the community and taking care of her own daily needs.

Now she needed touching assist with getting up from a chair, could only walk about 60' with a walker, needed 50% help to initiate putting on pants and pulling them up, and

25% help with dressing her upper body because of a new back brace.

In Rehab sessions, with the use of an electrical stimulation modality to reduce her pain, she was able to fully participate in PT and OT for strengthening. She received education on energy conservation, and adaptive ways of performing

daily tasks to minimize her pain and reduce risk of future injuries.

She graduated from Kentmere independent again with ambulation using a walker ambulating 250'. She was independently able to dress and bathe herself. Please see the chart below to see the specifics of all her great progress.



*“My pain is like a tooth ache pain, I can't believe how much it (the electrical stimulation) worked. I can't believe it doesn't hurt like before.”*

Ms Angeline.

